



# Workshops On Demand

LA TROBE  
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Digital Education Resource | 2020

## PARENTS + TEACHERS

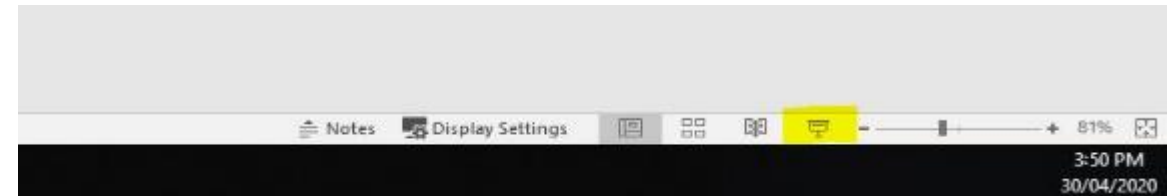
- Use the PowerPoint in 'Presenter' view by clicking the Slide Show menu and checking the 'Use Presenter View' box as shown:



- Then click 'From Beginning' (on the far left)
- This will enable you to see the slides and the notes
- The notes will help you expand on some of the ideas in the presentation
- Click the [links](#) for extended information available online
- Pause at the 'Challenge', 'Discuss' and 'Explore' slides to allow your students/children to chat and create

## STUDENTS:

- Use the PowerPoint in 'Slide Show' mode by clicking the button at the bottom right of your screen as shown:



- Work your way through the slides at your own pace (click to move to the next slide)
- Click the [links](#) for extended information available online
- Have a go at each Activity and consider the ideas on the 'Discuss' and 'Explore' slides





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All kinds of clever

# Journals

Latrobe Art Institute Education Program Digital Resource 2020





LTU Creative Arts Graduate, Danika Tayte uses her journals to express some of her feelings of sensory overload created by living with Autism Spectrum Disorder.

Credit: Danika Tayte, *Inside My Mind*, 2018. La Trobe University Art Collection (Art History Alumni Acquisitive Art Award).





Watch this 10 minute clip by Tate Modern museum in London that reveals how young and established artists use their sketchbook as a creative space for thinking, trying out ideas, making mistakes - even shopping lists - and how digital media is making these processes more shareable.

Thinking, dreaming and brainstorming  
Inventing or exploring  
Collecting and communicating ideas  
Practicing drawing  
Recording details and information

We can use our journals to  
document the *external* visual world around us.  
Try these activities:

1. Look around you. Do some 2-minute drawings of 2 or 3 things that interest you and say something about where you are right now. Notice what you are attracted to drawing.
2. Do a treasure hunt around your home. Find some interesting items that you have a connection with or that have a special personal meaning for you – an old toy, photograph, memorabilia, a present from someone special. Draw it and write about its significance to you in your journal. How does it make you feel when you hold it? What memories does it evoke? What does it feel and smell like?
3. Take your sketchbook on a walk along with a limited range of art materials. Find a spot to sit and draw. You can draw something small you find there or the wider landscape.

We can also use our journals to document our *internal* world –ideas, dreams, thoughts and feelings.  
Try these activities:

1. Brainstorm everything that is on your mind right now. Write at least two pages or more. Do a complete brain dump –no matter how trivial, ugly or crazy. Empty your brain of everything. Now –how do you feel?
2. Invent a character. Draw it from different angles and in a range of poses, expressing a range of emotions –surprised, sad, excited, angry. What does it wear and what accessories does it carry?
3. Make up a world. Draw a typical street or common area. What do the inhabitants of that world look like? How do they get around?



Our journals can be a place where we synthesize,  
integrate and process our internal and external selves.

Have fun!



Starting a journal can be daunting - blank pages can be scary!

This short video addresses four "Journal Fears" frequently expressed by students and provides some tips to help you get started.





**Thank you**

[latrobe.edu.au](http://latrobe.edu.au)